

ISSUE
#35

— The —
ROSE

OCTOBER 2023

YOUR MONTHLY NEWSLETTER KEEPING YOU UPDATED
WITH ALL THAT'S HAPPENING ON AND OFF THE
PITCH AT THE GREENYARDS



INSIDE... MINIS & YOUTH • JACK DUN • SENIOR SEASON REVIEW • TREVOR JACKSON • NICK ALSTON

NEW
KIT
DAY!



PRESIDENT'S WELCOME

WELC

“

**... JACK DUN (WAS)
A FIXTURE AROUND
THE GREENYARDS
FOR AS LONG AS
ALL OF US WILL
REMEMBER...
WHAT HE HAS
DONE FOR THE
CLUB CANNOT BE
FULLY QUANTIFIED...
HE WILL BE SORELY
MISSED...”**





THERE'S BEEN mixed results in the league for Melrose over the last month. A great win against Gala offset by defeats against Ayr, Highland and a very strong Glasgow Accies side. Bonus points in the latter two games give some consolation, but it's been a tough few weeks.

It was my first trip to Highland and what a journey through the first big storm of the year. Thankfully the roads were quiet and the Highland pitch is 4G (the same as the Greenyards). It's a long day when you leave home at 7.30 in the morning and

don't get back until after 10pm, but the hospitality in Inverness was excellent and it certainly helped to make it an enjoyable trip.

We also hosted New Zealand club Southbridge, home club of Dan Carter, on the 26th September. The 85 players and travelling support created a great atmosphere at the club that night. We swapped club plaques later in the night and Southbridge presented Melrose with a No 10 jersey and Dan Carter's book.

The Knights have won against the Futures XV and Boroughmuir in recent weeks and are up to 4th in their league and aiming for a place in the play off's.

The Ex-Players Lunch took place on Saturday past when a Q&A was held with Scotland and Lions legends Jim Telfer and Alan Tait prior to our 1XV game against Watsonians.

I can't close without mentioning the recent sad passing of club stalwart Jack Dun. A fixture around the Greenyards for as long as all of us will remember, what he has done for the club cannot be fully quantified. He will be sorely missed and we send our condolences to the Dun family. A full tribute appears on the next page.

We were also saddened to learn of the passing last Sunday of Walter Hart. Wattie played 220 games for Melrose between 1956 and 1965. He played several times for The South and Scottish Borders Club. Wattie was capped as a flanker on the Scotland tour to South Africa in 1960. He also served on the general committee for 3 years in the early 70's. We send our condolences to his wife Mary and the Hart family.

Looking forward to seeing you at the Greenyards soon.

GRANT HOGG
PRESIDENT, MELROSE RUGBY



FRONT COVER PHOTO: Mini Hornets P2 boys showing off their new kit:
(l to r) Innes Dodds, Finn Scott, Ellis Bertram and Hector Chisholm.



JACK DUN

1925 - 2023



EVERYONE at Melrose Rugby Club was deeply saddened to hear of the passing of club stalwart Jack Dun just short of his 98th birthday. A past captain, ex-president and life member, Jack was as much a feature at the Greenyards as the Eildon Hills. In total, he played 176 games for the first fifteen. A nuggety scrum half, he was part of the team that won the unofficial championship in the 1951/52 season, and was club captain in the 1955/56 season.

On retiring from playing rugby, he took up refereeing and became a kenspeckled face around the rugby clubs of Scotland. Jack also ran the line at two international matches, the first in Cardiff for the Wales v Scotland game in 1964, and then in 1973 at Parc des Princes for the France v Scotland game. He refereed at Melrose Sevens a total of 13 times. On concluding his active refereeing, he then went on to become a referee's assessor, helping many up-and-coming referees with a few 'helpful' pointers after the game. He also was a member of the Laws Panel at the SRU for many years.

His reflections on past tournaments in the Sevens Programmes began before 1970 and continued until 2015. All the information was taken from his vast collection of hand written notes which were stored in his numerous scrap books.

Jack was elected onto the Club's General Committee in 1956 and served in one way or another until 2017. He was President in season 1981/82 and also for the Centenary Sevens in season 1982/83, having the very great honour of escorting HRH Princess Alice, Duchess of Gloucester on the occasion that she presented the Ladies Centenary Cup.

Last year Jack was present at the celebratory dinner at which he was inducted into the Melrose Sevens Hall of Fame.

Jack was a walking encyclopaedia of all things Melrose Rugby and his contribution to rugby in general cannot be overstated. His presence at the club will sorely missed by members and visitors alike.

Our sincere condolences go out to the Dun family at this sad time.



VOLUNTEER OPPORTUNITIES



“YOUR CLUB NEEDS

YOU”

MELROSE RUGBY cannot function without the selfless work of volunteers. Working alongside club staff, players and coaches, volunteers give up their free time to give back to the sport they love or just to make a difference within the community. The club has a number of specific volunteer roles to fill – would you be interested in taking on one of these challenges?

CLUB SHOP MANAGER

This volunteer role is needed to manage and control the many demands from teams across the club for new kit. Liaising with Border Embroiderers and Team Managers to ensure all players are properly kitted out.

EVENTS COORDINATOR

The Greenyards is a venue for a wide range of events, from pre-match hospitality, hosting visiting teams, fundraisers for the Youth Section, etc. All these events need to be scheduled, planned and delivered by Event Managers. This volunteer role is responsible for setting up and coordinating one overall schedule of events, and communicating with all stakeholders across the club.

MEMBERSHIP SECRETARY

Working with a hard-working team of volunteers from the club, this new role coordinates the different aspects of membership renewal and the growth of the membership. This person would be responsible for reaching out to existing and new members and keeping the club informed of opportunities and barriers.

These roles are essential for the smooth running of the club. If you are interested, and have some free time to help, please contact Club General Manager **Kieran Cooney** on skgm@melroserugby.org



NICK ALSTON INTERVIEW

THE ART OF COACHING U18s

BRENDAN MOLLOY

NICK ALSTON IS THE U18s WASPS HEAD COACH. I SAT DOWN WITH HIM TO LEARN HOW COACHING U18s IS A UNIQUE CHALLENGE, AND HOW HE HANDLES IT.

I started off by asking him to tell me his background in rugby.

'I was raised in St Andrews where I first played from the age of 9. I went to a rugby secondary school, Dollar Academy, and played on the Scottish Schools winning team of 2005. At University in Edinburgh I played in the backs for Heriots. My first teaching job was in Fife where I worked with one of my earliest mentors, Willie Allan, at Buckhaven High - not a hotbed of rugby, but a very rewarding time. We would take the teams on day-trips to the big Edinburgh schools like Merchiston, Fettes and Stewarts Melville - this is where I learned the value of the whole 'rugby experience' - it's far more about just playing an away match.'

And how did Nick end up coaching rugby in Melrose?

'I took up a PE teaching position at Earlston High School in 2015. What struck me was the well-established rugby

programme between Earlston High and Melrose Rugby. My focus then was with U13s and 14s and teaching the so-called rugby 'basics'. I went through a coaching course and obtained a UKCC Level 3 qualification which was brilliant as it gave me far more in-depth knowledge of the tactical side of rugby, how the game should be played, as opposed to just technical skills.'

And coaching U18s Wasps?

'The club invited me along in 2018. I teamed up with Jerry Brett and we started to put a programme together for the boys. Our focus was more on getting the boys to understand the importance space, building momentum whilst trying to play brave and ambitious rugby ... elements that would stand to them if and when they moved to senior rugby. A key difference with underage rugby which then focused more on developing basic technical skills and general game understanding.'

Now that Jerry has moved up to the 1XV, how does Nick find coaching the Wasps on his own?

'We have a great coaching team. Kev Brown takes the forwards, James Royan has recently joined us from Duns, and we get great back-up from Rob Moffat and Cheg. Unfortunately, Covid has had its toll in that it has eroded the stages of development of the year groups coming through. We're finding it necessary to do a fair bit of catch up and repair work during the earlier stages of the season, and usually 'hit the straps' post October and in to the New Year.'

So, what's different about coaching a bunch of U18 boys?





'The players are at a critical stage in their young lives. Full of insecurities and sensitivities recognisable in children, but at the same time craving independence like most adults. For me, I'm on the job seven days a week, sharing messages with the boys, cajoling and encouraging, planning sessions for Tuesday and Thursday with coaches, planning ahead for weekend matches with our Team Manager. Every training session has a plan, we create themed blocks, so for instance, we could have a particular focus for 4/5 weeks on aspects of defence and then a 4-week block on important aspects of attack.'

'As well as that, we try and bridge the gap between underage and senior rugby. We work with the senior coaches at the Storm and the 1XV to ensure we have consistent systems, language, themes.'

And does he expect many of the boys to move up to 1XV or Professional Rugby?

'I'd like to hope so, although, we don't put any pressure on that at all. We haven't created a 'performance environment'. We have different abilities, different levels of development among the boys in the squad. We need to make it enjoyable for all, celebrate success, but know that there are more ways to measure success than just winning matches and trophies.'

'When I joined the club, Colin Meager and Rob Moffat would remind me of the 3 x Rs...

1. **Recruitment** (get new players in),
2. **Retention** (keep the players in the game for as long as possible), and
3. **Representation** (set up a coaching environment so that players can, if they want, progress up to representative level).'

'This year, we're recruited 6 or 7 players into the squad who haven't played since U13/14 level. We have even recruited two players who haven't played rugby before. That to me is success.'

Parents are worried about the risk of concussion. How does Nick manage this among the U18s?

'There is an obligation for all coaches to go through an SRU backed concussion course every year, called 'Rugby Right'....through this, we are trained to recognise concussion symptoms, understand how it happens, when it's most likely, protocols for safeguarding players. Our mantra is simple...'When in doubt, sit them out'.

'It doesn't happen often, but if our First Aider suspects concussion, there is a mandatory 4 week period out before participating fully in training or matches.'

'As well as this, we coach a lot of the right tackling skills, getting low in contact and looking at scenarios to avoid head clashes.'

What have been the three biggest lessons in coaching U18s, Nick?

1. 'Measure success beyond the results of games. Whilst we all want to win, we want to enjoy things more. It's about enjoying the whole 'rugby experience', and catering for players to develop the best versions of themselves.

2. As a coach, being consistent around showing up. We want rugby to be the place they're excited to go to! If a game at the weekend is called off for example, we'll organise a training session or something to keep the lads engaged.

3. Acknowledge that there is a whole mixed bag of abilities, interests in the squad. Endeavour to get it right for everyone'

And finally, I believe you have dusted off your boots and made an appearance at #10 again?

'Yes, though I've been away from playing the game for over five years, I feel as though I know more about the game now than I ever had! I've learned a whole load from the likes of Jerry, Cheg & Moff etc. I think I have a better appreciation for the way the game should be played, so I've gone back to playing for the Storm when the old creaking and slightly larger body allows. The great thing is I get to play with lots of the players I have coached in the past. Sharing a beer with these guys after a tough match reminds me of how great this game is. I hope I can continue to play in the future too.'



...MEASURING SUCCESS BEYOND THE RESULTS OF GAMES. WHILST WE ALL WANT TO WIN, WE WANT TO ENJOY THINGS MORE. IT'S ABOUT ENJOYING THE WHOLE 'RUGBY EXPERIENCE...'



SENIOR SEASON REVIEW



SENIOR SEASON REVIEW (SO FAR!)

HEAD
COACH

IAIN CHISHOLM

23/
24

THE FIRST HALF of the season has been a challenge, there's no doubt about it. Playing squads have really been stretched and tested by injury, holidays, availability but that's not limited to us as a club, it'll be happening all over the country. Our senior teams have had contrasting seasons so far.

At 1st XV level we've had positive performances in patches, none more evident than our last home game against Glasgow Accies where we showed great character to level the game up at 28-28 and give ourselves several chances to build a lead in the game before switching off, allowing Accies to play their game and reacting to their attack rather than being proactive within our systems to go and put them under pressure. On a wider scale, our medical side are working hard to get important players back on the park and in doing so, will allow others to fit back into a position they're more comfortable and capable playing in.

On the other hand, the Storm have had a great season winning all but one, only losing out to Hawick Force in the first game of the season, despite dominating territory and possession. There are a lot of Storm regulars putting their hand up for selection for the 1XV. The Border Junior League has been a great addition to the calendar and the Friday night games have really helped players stay involved when they could have fallen away from the game completely but more importantly, it's been key to giving young players opportunities to play rugby and sit on the bench for the 1XV on the Saturday.

The players and coaching staff are up for the challenge the second half of the season will bring. Key to climbing the table is bringing a bit of consistency to our performances, find some rhythm in attack and showing how much we care through our defence.

“

... THERE ARE A LOT OF STORM REGULARS PUTTING THEIR HAND UP FOR SELECTION FOR THE 1XV. THE BORDER JUNIOR LEAGUE HAS BEEN A GREAT ADDITION...”





TAM BROWN

PROFILE SECOND ROW



When did you first start playing rugby?

I started at Melrose Minis

What teams did you play through the ranks in?

I played for:
Melrose 16s, 18s, Storm and 1XV
Te Awamutu
Waikato 19s
Scotland 19s
Selkirk 🤝

Most memorable match as a youth?

Highlight at my youth rugby would be being mascot at Murrayfield when Melrose won the Scottish cup.

Current position?

What do you like most about this position?

I enjoy second row, because get to be involved in line outs and scrums.

Best player in the changing room?

James Brown.

Best player on away trips?

James Brown

Favourite Scottish player?

Rory Darge because he's played for the mighty Storm.

Favourite international player?

Sam Whitelock because of his work rate and the try he scored from 50m out playing for the Crusaders.

Any routines on matchday?

I have to take 3 Imodium before every game I play.

What would be your rugby superpower?

Superpower would be to fly!

Favourite rugby ground visited?

Eden Park, in Auckland, New Zealand would be my favourite.

ROLY BRETT PROFILE CENTRE

When did you first start playing rugby?

I started at minis level at Melrose on a Sunday morning.

What teams did you play through the ranks in?

I played all of my rugby at Melrose going through the system and I always played inside centre.

Most memorable match as a youth?

Most memorable match as a youth was in 2019 when I won Man of the Match for the U18s 1872 Cup for Edinburgh vs Glasgow.

Current position? What do you like most about this position?

Current position is 12 or Inside Centre. I like this position because get to do a bit of everything and I like putting boys into space with my passing.

Best player to have in the 1XV Changing Room on matchday?

James Brown.

Most entertaining player in the bus on away trips?

James Brown

Favourite Scottish player?

Peter Horne, because we are the similar size and same skill set.

Favourite international player?

Matt Giteau, because he isn't the biggest player but he's good at everything he does.

What would your rugby superpower be?

Probably my passing to bring players into the game.

Any superstitions or routines on matchday?

I have to have a flapjack from the Coop.

Favourite rugby ground visited, and why?

Poynder Park, because it's always a good game and it always has a big crowd for the game.





**CHAMPIONSHIP
2023
FIXTURES**

**SOUTHERN
KNIGHTS**



FRIDAY 28 JULY (H)
39 - 38



FRIDAY 4 AUGUST (A)
40 - 26



SATURDAY 12 AUGUST (H)
24 - 38



SATURDAY 19 AUGUST (A)
44 - 20



SATURDAY 2 SEPTEMBER (H)
27 - 19



SATURDAY 9 SEPTEMBER (A)
38 - 34



SATURDAY 23 SEPTEMBER (H)
35 - 31



SATURDAY 30 SEPTEMBER (H)
7 - 14



FRIDAY 6 OCTOBER (A)
28 - 0



SATURDAY 14 OCTOBER (H)
29 - 15



FRIDAY 27 OCTOBER 7:35PM
STIRLING WOLVES (A)



FRIDAY 3 NOVEMBER 7:35PM
HERIOT'S RUGBY (H)



10 / 11 NOVEMBER
SEMI-FINAL

18 NOVEMBER
FINAL



02 SEP	GHA RFC (A)	42-26
09 SEP	GHK RFC (H)	68-7
16 SEP	BIGGAR RFC (A)	0-36
23 SEP	AYR RFC (H)	13-35
30 SEP	GALA RFC (H)	53-31
07 OCT	HIGHLAND (A)	17-10
14 OCT	GLASGOW A. (H)	28-62
21 OCT	DUNDEE RUGBY (A)	P-P
28 OCT	WATSONIAN FC	H
04 NOV	GHA RFC	H
11 NOV	GHK RFC	A
18 NOV	BIGGAR RFC	H
25 NOV	AYR RFC	A
02 DEC	GALA RFC	A
09 DEC	HIGHLAND RFC	H
20 JAN	GLASGOW ACCIES	A
27 JAN	DUNDEE RUGBY	H
03 FEB	WATSONIAN FC	A

DATES ARE SUBJECT TO CHANGE. FOR LATEST INFORMATION PLEASE CHECK ONLINE:

WWW.MELROSERUGBY.ORG



1XV FIXTURE LIST

23/
24

NATIONAL
LEAGUE
DIVISION 1
(MEN'S)



TREVOR JACKSON

SETTING
OURSELVES
UP FOR THE
LONG
TERM

BRENDAN MOLLOY TALKS TO **TREVOR JACKSON**



AS PART of our series on interviewing commercial supporters of the club, I recently had a chat with Trevor Jackson. Trevor is founder and CEO of Jackson Distillers Limited, which will create a grain whisky distillery using 100% Scottish water and cereals from the Tweed Valley at the Charlesfield Estate in St Boswells. This the only one of its kind in the Scottish Borders and will efficiently produce 20 million litres annually of high-quality spirit for both grain whisky and neutral spirit for gin and vodka.

The workforce at the estate is growing and the distillery will significantly boost the local economy with 20 permanent high value jobs as well as 200 through construction. Trevor's youngest daughter Caitlin is helping out there as she finishes her Masters in History, and former Southern Knights player Russell Anderson is another notable employee in the business.

Trevor of course was President of Melrose Rugby back in 2016/17 so, as they say, has 'skin in the game'. Indeed, Trevor's great-grandfather was one of the founder members of Melrose Rugby.

We first touched on his family background in rugby.

'My mum was a Borderer, the farm at Charlesfield Estate came down through her family. My father came up from Cumbria, and lectured at Edinburgh University in the seventies until he passed away suddenly. I went to school at Edinburgh Academy, and so we lived in Fairmilehead during the week. When down in Melrose, I started with the Crichton Cup and mainly played rugby in the front row up and down the club from the late eighties through to around 2013. Both my brothers played, but on the wing, and my sister played for the lady's side for many years too.'

'I was part of the team behind the club moving from an unincorporated club to Melrose Rugby Ltd. I also helped drive the Legacy Project which looked at how to create a long term sustainable vision for Melrose Rugby. We did a lot of community engagement, much of which is still relevant today.'

I asked Trevor about his thoughts on the club, his involvement in the annual Melrose Sevens, the Super6 and Melrose Rugby.

'Jackson Distillers sponsors the Hall of Fame Dinner on the Thursday night of the Sevens. We see this as a great way to launch the weekend, and establish Melrose as the home of the Sevens game. We need to do everything

we can to make this a big event. Inviting well known 'headline' players to the Hall of Fame is a great way to do this. Melrose Sevens is recognised internationally, and we should do what we can to protect this brand. However, we need to try and take the Borders Clubs with us, but I recognise the tough balancing act that this presents Phil and the team.'

'I like the shape of the event now, with the casual hospitality, and the food festival. I believe that if you position this as a quality event, price matters less. However, there is a need for an improved accommodation offering across the Borders to sustain big events. And we need help and support from agencies like the South of Scotland Destination Alliance to help deliver a fantastic weekend.'

And the wider club? Looking in from outside, where can we improve?

'I was chair when we pitched for the Super6. I believe passionately that Melrose Rugby needs to be at the top table, and the Super6 is the highest level for clubs just now. As it turned out, the competition was not structured as originally envisaged, but I still believe it provides the best bridge for players outside the pathway to progress from club rugby to the professional level.'

'The youth section does a great job connecting with parents and families in the wider community. I think the rest of the club could learn from them in connecting with the wider community. The club needs to continue to develop a professional set up that caters for aspiring athletes, from diet, to strength and conditioning, to mental resilience. Sporting clubs need a consistency in governance.'

And the future, are you optimistic or pessimistic for rugby in the Borders?

'I've long been a grudging admirer of the Irish model where the clubs feed their best players into the provincial set up. I think though a bigger issue will be convincing parents to let their kids play a sport where bigger collisions against bigger players is the norm. But that is why we need an effective bridge from club rugby to the professional ranks. It is such a fantastic sport for boys and girls, both 15- and 7-a-side codes. It helps players develop physically, and develops confidence and mental resilience, improving leadership and decision-making skills....I could go on!'

'Melrose Rugby shouldn't beat itself up. The world is rapidly changing and most rugby clubs are struggling. It is right to consider the future, and, like the distilling business, set ourselves up for the long term.'



**... I BELIEVE
PASSIONATELY
THAT MELROSE
RUGBY NEEDS
TO BE AT THE
TOP TABLE..."**



MINIS & YOUTH RUGBY

DOWN WITH THE KIDS!



CHARLOTTE MIDFORD

THINGS have continued apace in the Youth Section as September came to an end and we moved into October. Here is news of a few of the month's highlights:

LOCAL FESTIVALS

Our Wasps and Hornets have had a busy time playing at several local festivals that followed hot on the heels of our own, back at the start of September. The start of October saw teams playing at Duns, followed a couple of weeks later with Jed and Gala. Many thanks to all the hosting clubs – who made some great rugby experiences possible – as you see from the photos, Jed seemed to have even managed to organise the sunshine! Towards the end of the month, we also saw some great results at Gala, with U15s winning 56-34, the S2s: 71-12 and the S1s: 46-17

P5 Festival at Earlston High School
In collaboration with EHS, just before the kids broke up for the October holidays, we took the opportunity for the P5s to have some rugby fun by organising a mini festival of rugby, and encourage some of their classmates to get involved!

COACHING

With all these festivals out of the way, the kids have been benefiting from a bit of coaching focus back at the Greenyards from our amazing dedicated youth coaches. These guys and girls are fantastic, not just giving up their spare time, but providing dedicated and thoughtful coaching to develop all our young players. Under the leadership of Iain and Rob, they are supported by a programme of coach development. This programme is well

under way now with scrum school and defence sessions taking place in October and more to come throughout the season. I am sure all parents and club members will support them as they coach and develop our club's kids with a positive attitude and playing rugby 'the Melrose way'.

OKTOBERFEST

Much fun was had with the Oktoberfest Super Saturday (with on-pitch action provided by the U18s against Gala Wanderers) which was put on by the club to raise funds for the Youth Section. Raising funds through beer, rugby and amazing smoked sausages – who can complain!

KIT LAUNCH & SPONSOR'S LUNCH

Finally, I am sure you'll have noticed the smashing new kit that the youth teams are turned out in - something made possible by our generous sponsors.

The P7s, along with Paul Wheatley and Fraser Rankine, our Youth Committee co-chairs, launched the new playing jerseys at our recent Sponsor's Lunch. As well as an opportunity to thank our sponsors, this was also an occasion for Melrose's very own Sam Derrick and Finn Douglas to be presented with their Scotland U20 jerseys. Both Sam and Finn have followed the pathway right through our youth set up, and have represented Melrose, the Southern Knights, Edinburgh and the National Team with distinction.



P6s at Duns



OCTOBER 2023

P3s at Jed



S1 v Gala



S2 v Gala



U15 v Gala



P4s at Duns with Liam McConnell and Finn Douglas



U18 v Gala

ROSE RUGBY

COACH DEVELOPMENT programme

- MONDAY 30 OCTOBER >> DEFENCE
- MONDAY 27 NOVEMBER >> ATTACK
- MONDAY 18 DECEMBER >> BREAKDOWN
- MONDAY 29 JANUARY >> TRANSITION
- MONDAY 26 FEBRUARY >> KICKING
- MONDAY 25 MARCH >> SEVENS





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SEVENS**

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2024**

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MEMBERS CORNER

DATES for the DIARY



FRI
3
NOVEMBER

WHISKY TASTING EXPERIENCE • THE GREENYARDS
FOSROC SUPER SERIES CHAMPIONSHIP 2023
KNIGHTS V HERIOTS 7:35PM

SAT
4
NOVEMBER

FIREWORKS NIGHT • THE GREENYARDS
MELROSE 1XV - NATIONAL LEAGUE 1 2023/24
MELROSE V GHA RUGBY 3PM

SAT
18
NOVEMBER

FARMERS LUNCH • THE GREENYARDS
MELROSE 1XV - NATIONAL LEAGUE 1 2023/24
MELROSE V BIGGAR RFC 3PM



OUR BARS WILL BE OPEN ON GAME DAYS SERVING FOOD & DRINK!



WASPS
YOUTH RUGBY

TRAINING
S1, S2, S3 MONDAY
4-5PM EARLSTON HIGH SCHOOL
S1, S2, S3 WEDNESDAY
4-5PM EARLSTON HIGH SCHOOL
U16 & U18 TUES & THURS
5:30 - 7PM MELROSE RUGBY

**S1-U18
COME & TRY!**



HORNETS
MINIS RUGBY

TRAINING 9:30AM
SUNDAY MORNINGS
NURSERY-P1 • P2
P3 • P4 • P5 • P6 • P7
THE GREENYARDS

**NURSERY
& P1 - P7
BOYS & GIRLS**



QUEEN BEES
GIRLS RUGBY

TRAINING
SUNDAY 9:30 - 10:30AM
THE GREENYARDS
WEDNESDAY 6-7PM
EARLSTON RUGBY CLUB

**U12, U14,
U16 GIRLS
COME & TRY!**





BOARD MEMBERS



GEORGE ELLIOTT
CHAIRMAN



ANDY PURVES
DIRECTOR



ROBIN WOOD
DIRECTOR



PHIL MORRIS
DIRECTOR



ALLISON LEACH
DIRECTOR



GRANT HOGG
PRESIDENT &
DIRECTOR



GEORGE RUNCIMAN
VICE PRESIDENT



ROB MOFFAT
DIRECTOR OF RUGBY



BRENDAN MOLLOY
SECRETARY

300 CLUB

£50 LIZ ELLIS
No. 275 Newstead

£25 JOHN HIRSTWOOD
No. 224 Melrose

£20 JANET BROWN
No. 14 Melrose

£15 BRIAN McCRINDLE
No. 334 Glasgow

£10 RONALD LINTON
No. 102 Glasgow

JOIN THE
(300)
CLUB!

£12 per year. Monthly prizes with additional draws of £250 in June & December.
Contact June Frame: juneframe@hotmail.com
07908923978 or 01835 823618

OCTOBER
2023
WINNERS!



HONORARY PRESIDENT

His Grace the Duke of Buccleuch

HONORARY LIFE MEMBERS

C. H. Brown
W. M. G. Brown
G.J. Bunyan
G. Chisholm
M. N. Dalgetty
Mrs. B. Doyle
J. D. Hardie
J. Lauder
T. McLeish
M. O'Reilly
Mrs. E. Ross
H.M. Pollock
W. A. Scott
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RUGBY CLUB XV
ON SOCIAL MEDIA:



MEMBERSHIP RENEWALS



MEMBERSHIP RENEWALS ARE NOW LIVE!

PLEASE VISIT

WWW.MELROSERUGBY.ORG/MEMBERSHIP



DEAR MEMBER,

It has come to the time of the year when your Annual Club Membership needs to be renewed. Your continued support is vital for the upkeep and development of Melrose Rugby.

We have listened to feedback and, in addition to the normal benefits of club membership (see the infographic opposite), this year we are delighted to offer a Day Ticket for the 2024 Melrose Sevens (worth £35), or attendance at pre-match hospitality, to those renewing their adult membership.

You can renew via the website www.melroserugby.org, via the **Teamo App** (if you are a registered player or parent), or just **pop into the club** during office hours and Hilary or Laura will be delighted to help you. And don't forget, you can pay in instalments over the year if that helps.

We thank you sincerely for your support and look forward to welcoming you to the Greenyards.

You can contact the club office on **01896 822993**, or email office@melroserugby.org

Our **office opening hours** are as follows:

Monday: Office Closed
Tuesday: 9am – 5pm
Wednesday: 12pm – 5pm
Thursday: 9am – 5pm
Friday: 9am – 12pm

Thank you!





MEMBERSHIP BENEFITS

23/
24



- CLUB VOTING RIGHTS
- ACCESS TO CLUB HOUSE AND NON-PRIVATE FUNCTIONS
- PRIORITY APPLICATION FOR PURCHASING SCOTLAND INTERNATIONAL TICKETS
- REGULAR CLUB NEWS & UPDATES VIA THE WEEKLY NEWSLETTER AND 'THE ROSE'
- FREE GAME ENTRY TO ALL SUPER SERIES & NATIONAL 1 FIXTURES
- DISCOUNTED VENUE HIRE FOR PRIVATE EVENTS
- DISCOUNTED MATCH DAY HOSPITALITY
- 24HR ACCESS TO CLUB GYM

ADDITIONAL BENEFITS FOR PLAYERS:

- ACCESS TO CLUB PHYSIO
- ACCESS TO 3G PITCH FOR TRAINING & GAMES
- SRU PREMIUM INSURANCE COVER
- LAUNDERED KIT
- POST MATCH FOOD
- TRANSPORT



PAYMENT OPTIONS

23/
24



<p>CREDIT/ DEBIT CARD</p> <p>We accept all major credit and debit cards with the exception of American Express.</p>	<p>CHEQUE</p> <p>All cheques must be made payable to Melrose Rugby Ltd.</p>	<p>CASH</p> <p>Cash may be paid to the Melrose Club office in person to receive your membership card.</p>	<p>BANK TRANSFER</p> <p>Please see www.melrosesrugby.org/membership for more details.</p>	<p>INSTALMENTS</p> <p>An option to pay in instalments is available when signing up via teamo</p>
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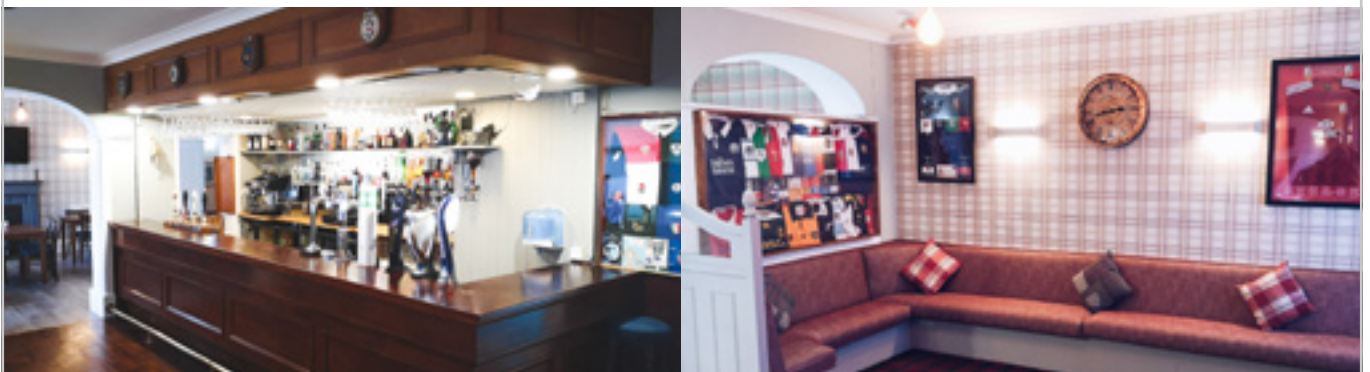
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So whether you are a local to Melrose, a passing visitor or traveler from afar, all are welcome to pop in and see the range of facilities we have to offer and we look forward to seeing you soon.

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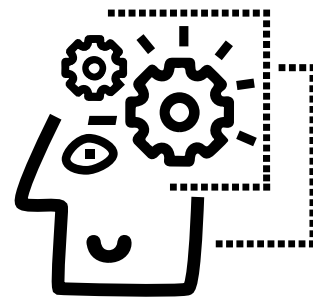




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SATURDAY 23 SEPTEMBER

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KNIGHTS V FOSROC FUTURE XV 5PM



SUPER SATURDAY

SATURDAY 30 SEPTEMBER

MELROSE V GALA 3PM



KNIGHTS V WATSONIANS 5:30PM



OKTOBERFEST

SATURDAY 14 OCTOBER

MELROSE V GLASGOW ACCIES 3PM



KNIGHTS V B'MUIR BEARS 5PM



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MELROSE V BIGGAR RFC 3PM



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SATURDAY 9 DECEMBER

MELROSE V HIGHLAND RFC 3PM

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